



THE COMMONWEALTH OF MASSACHUSETTS  
EXECUTIVE OFFICE OF LABOR AND WORKFORCE DEVELOPMENT  
DEPARTMENT OF LABOR STANDARDS

# OSHA 10-Hour Construction Outreach Training

## Presented by:

The Massachusetts Department of Labor Standards  
On-Site Consultation Program

## Two-Day, 10-Hour Training Course in Construction Safety and Health

Complete Attendance Mandatory for OSHA Card  
Training will be hosted by the



**Home Builders Association  
of Western Massachusetts**

Located at:

Home Builders Association Headquarters,  
240 Cadwell Drive, Springfield, MA

**Wednesday, October 24, 2012 8:30am–2:30 pm.**

**and Thursday, October 25, 2012 8:30 a.m. – 2:30 p.m.**

(no refreshments served; feel free to bring your own)



**The Massachusetts Department of Labor Standards – Consultation Program is offering a free training seminar for those wishing to acquire the OSHA 10 Hour Card. The Outreach Training Program is intended as an orientation to Occupational Safety and Health. Workers must receive additional training on specific hazards of their job.**

## Topics will include:

Introduction to OSHA

Personal Protective Equipment

Trench/Excavation Safety

Four High Hazards

Fall Protection

Health Hazards in Construction

Ladders and Stairways

Hand and Power Tools

Scaffolds

Electrical

## Enrollment Form for October 2012 OSHA 10-Hour Construction Outreach Training Course

Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Company Name: \_\_\_\_\_

Company Address: \_\_\_\_\_

Email Address: (important!) \_\_\_\_\_

**Please complete a legible registration form below for each registrant and mail, email, or fax to:**

Susan Humphreys, MA Department of Labor Standards, 167 Lyman Street, Westborough, MA 01581

**Email:** susan.humphreys@state.ma.us **Fax number:** (508) 616-0467 **Phone number:** 508-616-0461 x301

Space is limited. Unless informed otherwise, your registration will be honored.

You cannot register at the training site. First come first served. Registration ends October 17, 2012.

**Questions?** Call Jean Manoli, Authorized Trainer, at 508-616-0461 x307